



ALBERTA FIELD HOCKEY ASSOCIATION

2025 AGM Report

Sajan Jabbal – Executive Director

2024-25 HIGHLIGHTS



Regional Development

Calgary Junior
Programs
Calgary Summer
Camp
Red Deer Programs
Medicine Hat
Programs



Schools

Calgary School
Programs
Edmonton School
Programs
Red Deer School
Programs
Outskirts School
Programs



Coaching/Umpiring

Umpire Assessments
Umpire Training
FHA Umpires Abroad
Coaching courses
Certification

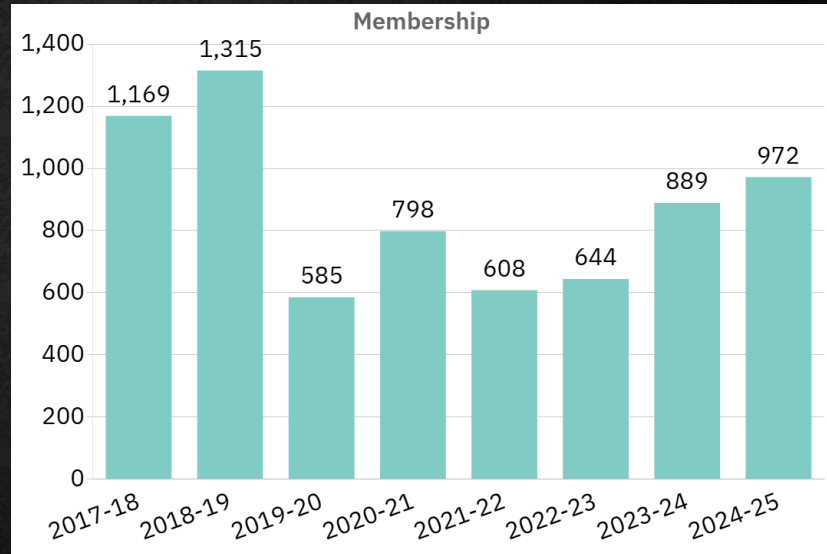


Events

2 Junior Festivals
Thompson Park
Program
Try-it-Free Events
2025 Masters Festival
3 Sanctioned Club
Tournaments

MEMBERSHIP 2024-25

FHA Membership Numbers	
Year	Total Members
2017-18	1169
2018-19	1315
2019-20	585
2020-21	798
2021-22	608
2022-23	644
2023-24	889
2024-25	972



There was a minor increase in membership in the 2024-25 season, this is due to several factors, including:

- Increased community programs
- Increase in Club sanctioned tournaments
- Increased partnerships with other local organizations
- Increase in regional development

REGIONAL DEVELOPMENT



Calgary Junior Programs



Red Deer Programs



Edmonton Programs

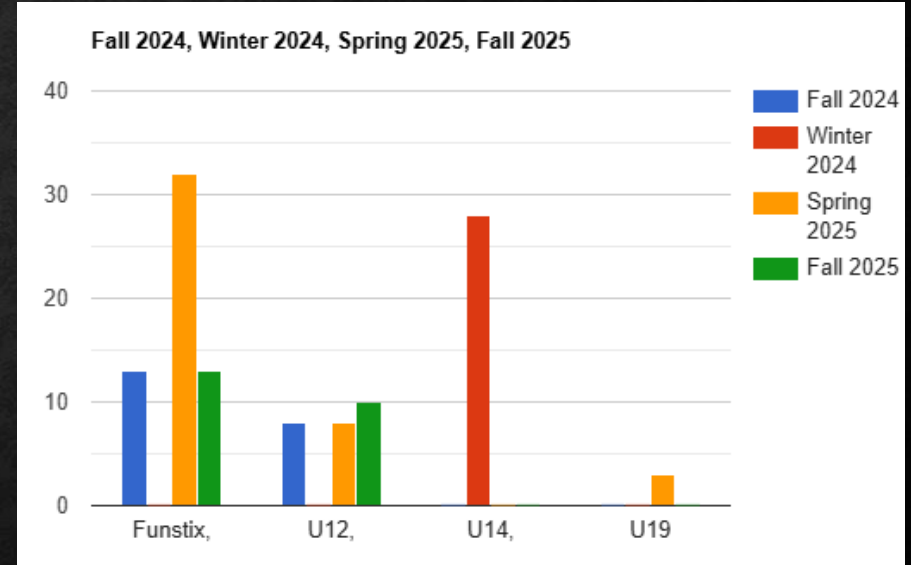
CALGARY JUNIOR FIELD HOCKEY 2024 - 2025

Fall 2024	
Age Group	
Funstix	13
U12 Co-ed	8
Total	21

Winter 2024	
Age Group	
U14 Co-ed	28
Total	28

Spring 2025	
Age Group	
Funstix	32
U12 Co-ed	8
U19	3
Total	43

Fall 2025	
Age Group	
Funstix	13
U12 Co-ed	10
Total	23



In 2024-25, CJFH brought in the highest number of clubs in CJFH, with 29 teams in 6 divisions in the Spring

Thanks for all the hard work to Shelley Anderson, the Junior Committee & the FHA Admin team

RED DEER 2024-25

Had Red Deer Coaches supporting our junior and school programs, highlights:

- Ran a successful festival in Lacombe
- Made contact with several camps
- Had Storm players at every festival & supported the coach who ran the program (Heidi)
- Ran 2 successful school programs in Red Deer
- Connected with new volunteer coaches to support Heidi
- Successfully ran an adults indoor drop-in program last fall/winter
- Thank you to Heidi, Oliver, Darren and Ella for their hard work revitalizing the Red Deer Programs
- Did two TIF sessions with Xplore Sport Red Deer

Red Deer School Programs	Date	Grade	# of kids(under 18)
Red Deer Sport Fit	April 28-30	1-5	216
Aspen Heights	June 4-7	1-5	219
Coached by Ella Bremner	Total		435

Red Deer Programs	
Spring	
Drop in	9
U8	5
U12	5
U18	6
Total	25





EDMONTON 2024-25

Hired Edmonton Coaches **Baljot Gill and Gurtej Gharial**, highlights:

- Made contact with several camps
- Successfully got several Edmonton athletes to participate in the Calgary Junior Festival
- Supported the Lacombe and Calgary festivals
- Ran over 20 Try it Free events in Edmonton
- Ran 5 successful school programs in Edmonton
- Supported Calgary student with local programs and festivals
- Increased relationship between Field Hockey Alberta and Edmonton Field Hockey community
- Working with the Edmonton Community to have local club tournament sanctioned by FHA

Edmonton School Programs	Date	Grade	# of kids(under 18)
Vimy Ridge	March - May	3-9	600
Donnan Sport Fit	April 16-28	3-6	105
Grandview Heights	May 12-16	1-6	339
Abbott School	May 22-26	1-9	223
Awasis Waciston	May 27-30	3-6	173
Coached by Baljot/Gurtej	Total		1440

ALBERTA PROVINCIAL TEAMS - NATIONALS 2025 – BRAMPTON ONTARIO

U16 Boys – 4th Place



Thank you to our Coaches
Manvir/Balmeet (U16 Boys),
Jordan/Mel (U18 Girls)
Kim/Katie (U16 Girls)

U18 Girls – 3rd Place



Thank you to our Managers
Mandeep (U16 Boys),
Jennie (U18 Girls)
Bronwyn (U16 Girls)

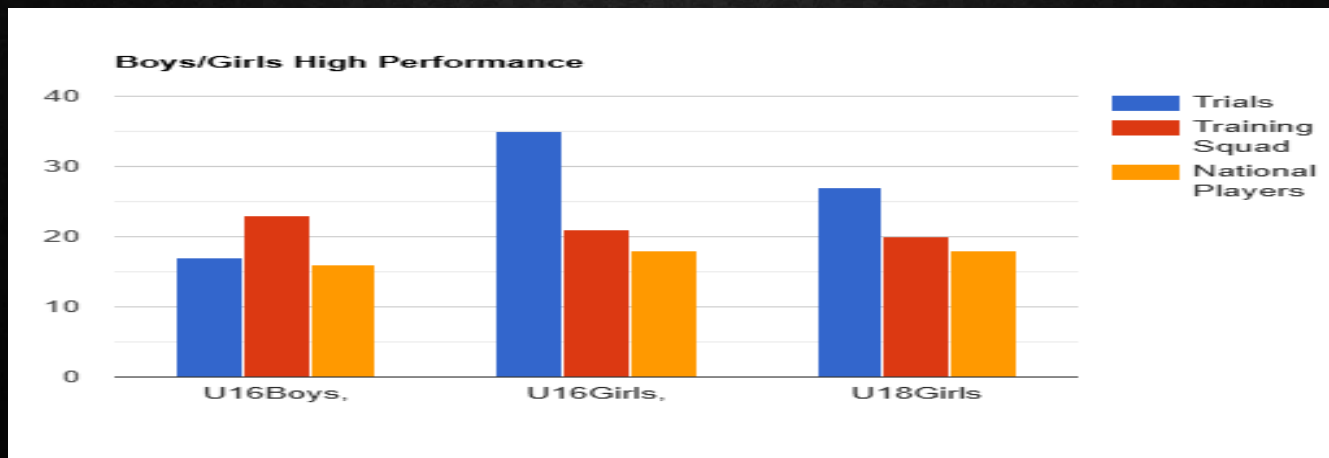
U16 Girls – 4th Place



Also a HUGE thank you to **Shelley Anderson, Sajan Jabbal**, and the **High Performance Committee** who booked all the teams flights, accommodations, transportation & everything else that came up!

PROVINCIAL PROGRAMS 2024-25

Provincial/High Performance Players				
Age Group	Trials	Training Squad	National Players	Boys Development Program
U16 Boys	17	23	16	20
U16 Girls	35	21	18	
U18 Girls	27	20	18	
Total	79	64	52	20



SCHOOLS 2024-25

Calgary Schools		
School	Date	Grades
Khalsa School	May 12-15	K-6
St. Gianna	May 12-14	1-6
River Valley School	May 20-22	1-5
John W. Costello	May 21-23	6
North Point School for Girls	May 26	6
King George School	May 30	3-6
Auburn Bay School	June 9-12	1-6
The Hamptons School	June 9-12	1-4

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SCHOOLS 2024-25

Red Deer School Programs	Date	Grade	# of kids(under 18)
Red Deer Sport Fit	April 28-30/May 26-27	1-5	216
Aspen Heights	June 4-7	1-5	219
Coached by Ella Bremner, Grant Simpson	Total		435

Outskirts School Programs	Date	Grade	# of kids(under 18)
George Davison (Med Hat)	April 4-7	2-6	161
George Davison (Med Hat)	May 9-12	2-6	161
Heloise Lorimer (Airdrie)	May 26-30	3-6	700
Webster Niblock (Med Hat)	May 28-30	1-6	276
Exshaw School	June 9-16	2-8	72
Coached by Abi, Ella, Shelley	Total		1370

A HUGE thanks to Phil Hignell and Abi Davis, School Program Coordinator, who organized and scheduled all of our school programs!

SUMMER CAMPS

Field Hockey Alberta Summer Camp	Date	Ages	# of Kids
Summer Camp Week 1	July 14-18	9-15	13
Summer Camp Week 2	August 11-15	9-15	10
Vivo Summer Camp	July 24-25/August 14-15	8-16	50+



- Third year hosting an FHA Summer Camp
- Ran two weeks of camps vs one last year
- Numbers were much higher than last year– the kids and coaches had an amazing time
- Thank you to our Summer Student Ella, as well all our junior coaches, Titus, Sophie, Tanveer, Hailey and Jasleen who stepped up in coaching the camps
- Thank you to Shelley for all her hard work in organizing and with the practice plans
- We will continue to push to make our summer camps bigger and better!

- CJFH assessed and certified 4 community umpires
- **Hark Plaha, Arsh Burn, Muhammad Tariq, Mandeep Jhally**
- 6 new umpires in training
- **Kristen Nyrose, Olivia Hostland, Jasmina Lee, Navjot Singh, Gwenyth Gathercole, Darrian Danforth**
- 3 FHA umpires officiated at the 2025 Nationals in Brampton, ONT
- **Sophie Gilbert, Maia McGillivray, Dennis Zaccagnini**

Thank you to Dennis Zaccagnini, Tony and Wendy Stewart, and Shelley Anderson for hosting and organizing all of the umpiring workshops!

UMPIRING

Clinic	Host	# of FHA Umpires
Provincial Outdoor Course	FHA	6
FHC Online Community Course	FHC	21
FHC Regional Course	FHBC	2
Provincial Indoor Course	FHA	18
Umpire Recertification Course	FHA	10
Umpire Workshop	FHA/Dinos	7
		64



FHA Certified Umpires (2024-2025)	Indoor	Outdoor
Community Umpires	4	12
Provincial Umpires	20	2
Regional Umpires	0	2
Total	24	16

COACHING

- Hosted 2 FHA Training Sessions
 - First Aid Course – 9 Coaches attended
 - Fundamental Movement Skills Course (3 community trained, 6 new in training)
 - FHA is looking for host a comp intro course in early 2026
 - Coach Requirements: Reminder that to be CJFH Coach, you must be community trained at a minimum
-
- **CJFH Female Coaches – 53**
 - **CJFH Male Coaches – 24**

Thank you to Shelley Anderson for hosting and organizing all of the coaching workshops, and her work in the coach locker



EVENTS



CJFH – LACOMBE FESTIVAL

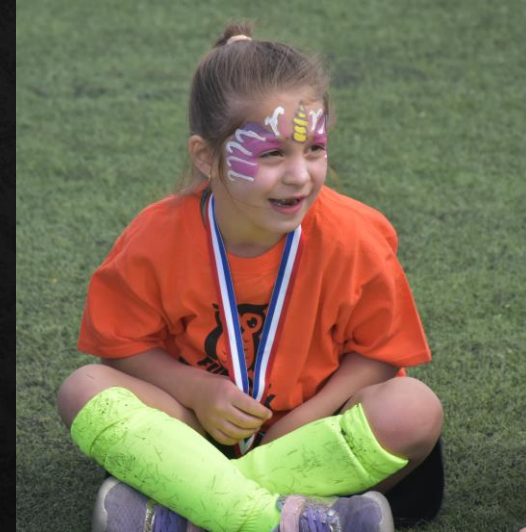
Lacombe Festival – June 1st

Teams: Over 140 Athletes

Host: Ella Bremner, Shelley Anderson

Highlights:

- Thank you to MEGlobal for being wonderful hosts
- Fun games and activities for funstix athletes
- Had a sale of old FHA gear, was a hit
- Athletes from Calgary, Red Deer, Edmonton
- Shootout was a success and fun extra for athletes
- Funstix loved the parent/kid game
- Most sporsmanlike award
- Heart and hustle award
- Amazing job to all of our coaches and organizers



A HUGE thanks to Shelley Anderson, Leagues Coordinator, who supported all our summer students with their hosting responsibilities!

CALGARY JUNIOR FESTIVAL

Calgary Festival – June 22nd

Teams: Over 250 athletes

Host: Ella Bremner and Shelley Anderson

- Thank you to all the staff and volunteers who helped make this festival a success
- Tooney stick, lolly pull and door prizes including Indian maharaja basket donation.
- Both Edmonton and Red Deer athletes participated
- secured water donations from Alberta Springs.
- Used turf and rugby field
- Fun skills competition ran by junior coaches
- Parent Kid Game for the Funstix – always a hit



A HUGE thanks to Shelley Anderson, Leagues Coordinator, who supported all our summer students with their hosting responsibilities!

TRY IT FREES

sport
calgary

Field Hockey Alberta worked with Sport Calgary to put on 2 amazing events at three different locations! The first event, held on June 20th was located at both at Seton YMCA and the UofC. The second event was located at the Edgemont Community Association on August 16th! Thank you to our amazing coaches, Grant Simpson, Laura Jacobs, and Ella Bremner for running these Try it Frees!



TRY IT FREES

For the second year, Field Hockey Alberta Ran Weekly Try it Free sessions downtown at Thomson Family Park. The sessions took place from August 1st – September 4th, where we were able to introduce field hockey to youth newcomers, minority communities, and underdeveloped households. This was a great learning experience for our youth Coach (Hailey) who is increasing her knowledge and experience as a coach.



2025 CANADA DAY MASTERS FESTIVAL

Masters Festival – June 27-29

Teams: 5 Men's, 4 Women's

Host: Lori Gaffney, Venus Kwan, Ashley Grieve, Sajan Jabbal

Highlights:

- Hosted festival after taking a year off in 2024
- Age 35+ tournament for local and national athletes
- Beer Gardens ran by the UofC Dinos
- Indian Food sponsor throughout the tournament (Thank you Shahi Flavours)
- Athletes from Alberta, BC, Ontario, USA
- Food Tent and Bake Sale ran by Provincial Teams
- Giveaways, raffles, and prizes throughout tournament
- Over \$5000 in sponsorship money to cover costs
- A huge Thank you to Lori Gaffney, Venus Kwan and Ashley Grieve for their on and off field organizing
- Thank you to Paul Jacobs, Kenneth Serrien and Sukhdeep Bhangra for all of their hard work
- **Mens Winner: Panjab Sport and Social Club**
- **Womens Winner: Monsters INC.**



LOCAL CLUB SANCTIONED TOURNAMENTS

2025 Alberta Cup – May 31 - June 1
Teams: Men's, Women's, Masters, and Junior Divisions
Host: United Field Hockey Club Calgary
Location: Genesis Centre

Highlights:

- Had an international flavour, welcoming teams from Mexico, USA, and Canada
- Provided FHA with a stream of new members
- Thank you to all of the sponsors and organizers
- Free Food, Tug of War, Dancing, Singing
- Local and Provincial politicians present

28th Annual Kings Gold Cup – August 15-17
Teams: Premier, Womens, and Junior divisions
Host: Kings XI Field Hockey Club
Location: University of Calgary – Hawkings Field

Highlights:

- First time this tournament was hosted at the UofC Turf
- Featured Tug of War, Folk Dance and Free Food
- First 11 v 11 Tournament Hosted by Kings XI
- Thank you to all of the sponsors and organizers
- Premier Winners – Akaal Warriors
- Junior Winners – United FHC

13th Hawks Gold Cup – August 29-31
Teams: Premier, Masters, and Junior divisions
Host: Panjab Sports and Cultural Club
Location: University of Calgary – Hawkings Field

Highlights:

- First time this tournament was hosted at the UofC Turf
- Showcased outstanding talent, community spirit, and cultural pride
- Showcase matchup with FHA HP and CJFH Girls teams
- Thank you to all of the sponsors and organizers
- Provided free food to over 1000 spectators, athletes and volunteers

LOCAL CLUB SANCTIONED TOURNAMENTS

2025 Alberta Cup – May 31 - June 1



28th Annual Kings Gold Cup – August 15-17



13th Hawks Gold Cup – August 29-31



ALBERTA ATHLETE'S ABROAD

Mel Scholz – Women's National Team
Grant Simpson – Junior Men's National Team
Camila MacGillivray – Women's National Team
Madeline Skeans – Junior Women's National Team
Nina Khalfan – U18 Women's Squad
Maia McGillivray – U18 Women's Squad, U18 Indoor
Olivia Deters – U17 Women's Squad
Meghan McGillivray – U18 Women's Squad
Lauren McGillivray – U16 Women's Squad
Catalina Meilleur – U18 Women's Indoor Squad
Kristen Nyrose – U18 Women's Indoor Squad
Mary Yang – U18 Women's Indoor Squad
Victoria Zaccagnini – U18 Women's Indoor Squad
Anish Narula – U19 Men's Indoor Squad
Josiah Campbell – Junior Men's National Team
Kale Simonson – Junior Men's National Team
Tom Weller – U19 Men's Indoor Squad
Hiteshver Brar – U17 Men's Outdoor Squad
Anmol Jhally – U17 Men's Outdoor Squad
Harkaranveer Plaha – U17 Men's Outdoor Squad
Alistair Weiss – U17 Men's Outdoor Squad



In 2024-25, Field Hockey Alberta saw 5 new athletes join the list of Alberta representatives on the international stage

2025-2026

FHA FUTURE

#1 Priority: Membership, Membership, Memberships, Road to 1000! This year and last year, we were close to 1000 members for the first time since 2018 (pre-Covid). We need to keep up the momentum and make sure we reach our goal of 1000! We didn't get it this year – but let's keep pushing!

#2 Priority: Regional Development – With our work in Edmonton and Red Deer starting to pay off, along with a brand new program in Medicine Hat; It's time to reach out to other zones! This year we will look to tackle Grande Prairie, Lethbridge, and Fort Macleod, while still supporting programs in Edmonton and Red Deer, and Medicine Hat

#3 Priority: Financial Stability, Sponsorship & Fundraising – Ensure the financial health of FHA to support programs and future development. Financial security will enable FHA to maintain and expand its programs, attract and fund additional staff, and provide better resources to players and coaches.

THANK YOU!

