

Kelowna Tour Details

Travel from Calgary to Kelowna – July 4th, 2010

All athletes who are taking the bus will need to be at Lot 59 for 7:30am on July 4th. Departure at 8:00am. U18 boys and girls will be on a bus together. The U16 girls, U14 boys and girls will be on the other bus together.

Please ensure your child has had breakfast prior to leaving in the morning.

We will be stopping in Golden for Subway, pre-orders will be made prior to departure. (please fill in the attached. If you do not fill in the attached form your child will not receive lunch from Subway that day).

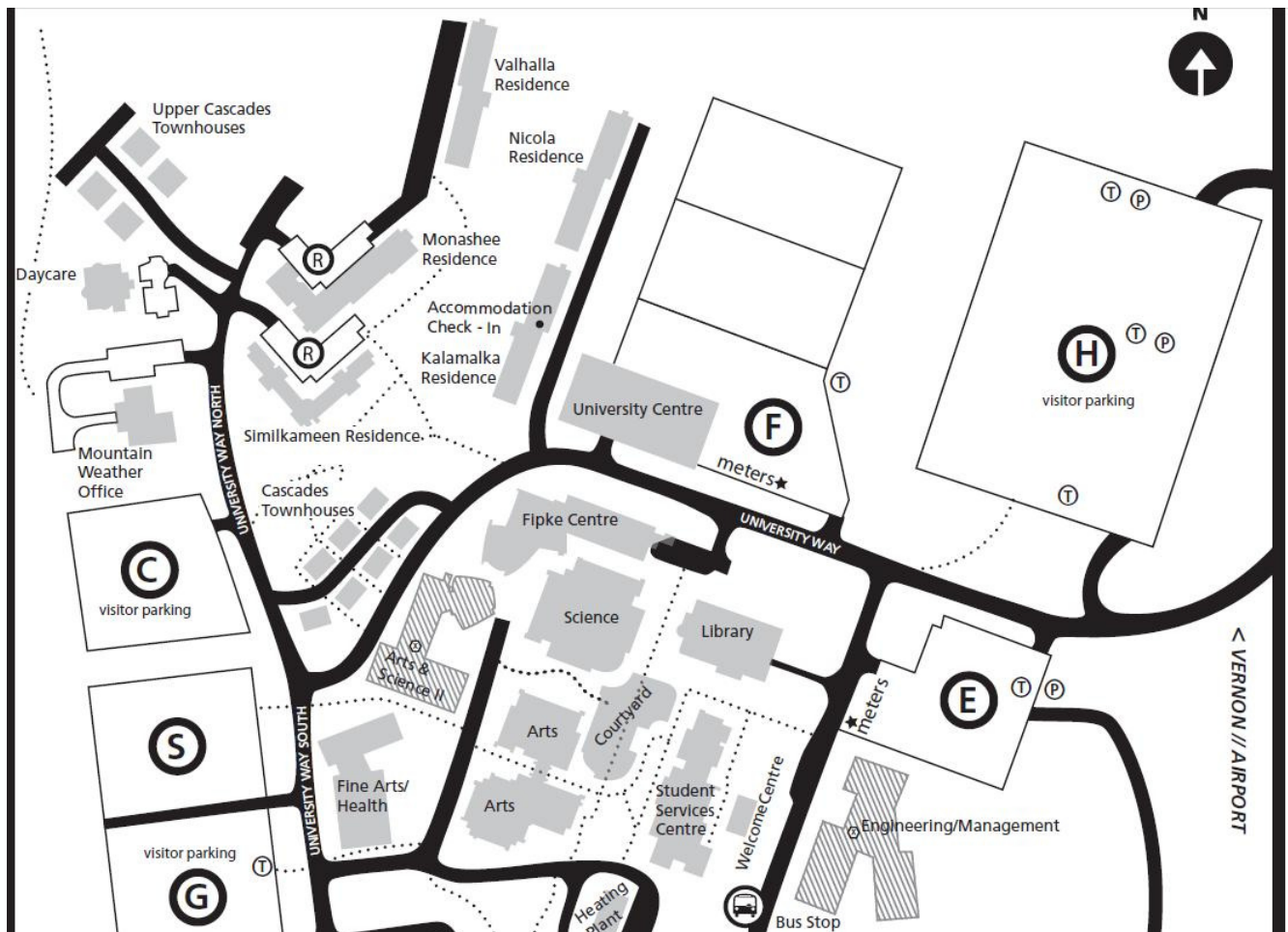
For those of you meeting us in Kelowna, the plan is to be at the residence around 4:30 – 5:00pm, depending on traffic, the stop in Golden, etc. Please plan to meet us at the address below, at the UBC OK Conferences and Accommodations.

Accommodations in Kelowna

We will all be staying in the accommodations at the University of BC Okanagan residence.

www.okanagan.ubconferences.com

UBC Okanagan Conferences and Accommodation (map is below). Meeting at Accommodations Check-In. The UBC OK campus is located across the 97 highway from the Kelowna Airport. Approximately 1.5km. Address – 1290 International Mews, Kelowna BC
p. 250 807 8050



Each athlete will have their own bedroom, which is attached to a bathroom shared by one other teammate, so the rooms are connected, they will not be alone. All the girls will be on one floor with all female parent chaperones and coaches, the boys will be on another floor with only male parent chaperones and coaches.

Linens will be provided, no need to bring any pillows, sheets, sleeping bags, etc.

Daily Itinerary

Please see the attached document (Kelowna itinerary.pdf)

Athlete Checklist

Please use the following checklist to ensure your children have the appropriate clothing and essentials for this event. (Kelowna Kit List.pdf)

Food

Lunch & Breakfast will be provided at the residences each day prior to each session. Snacks for the day will also be provided by FHA. **If athletes bring their own snacks please ensure there are no NUTS whatsoever.**

Dinners will be eaten out at a restaurant as a group (each team together, not all 90 people) or we will be ordering food into the residence for the athletes. Please ensure you allot \$20 per athlete for each dinner during the week. All athletes will need money for Sunday, Monday, Tuesday, Wednesday & Thursday evening (U18s Thursday only).

Travel from Kelowna to Calgary (U14 boys, U14 girls & U16 girls) – July 8th, Thursday

All U14 boys and girls & U16 girls will depart Kelowna at 12:00pm. Arrival in Calgary, at lot 59, University of Calgary Campus (up the hill from the field) will be at approximately 8:00pm. Please have you child call/text you when we are approximately 1 hour away, this will be announced on the bus to all athletes.

Snacks and lunch will be provided on the bus ride home.

Travel from Kelowna to Calgary (U18 boys & girls) – July 9th, Friday

All U18 boys & girls will depart Kelowna at 12:00pm. Arrival in Calgary, at lot 59, University of Calgary Campus (up the hill from the field) will be at approximately 8:00pm. Please have you child call/text you when we are approximately 1 hour away, this will be announced on the bus to all athletes.

Snacks and lunch will be provided on the bus ride home.